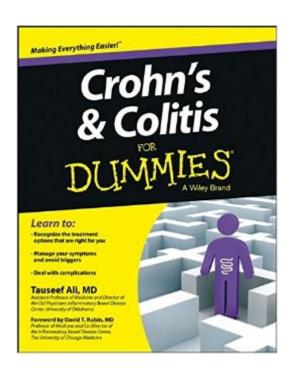
## The book was found

# **Crohn's And Colitis For Dummies**





### **Synopsis**

The ultimate reference for those with Crohn's and colitis and their family and friends Crohn's disease and colitis are frustrating, often debilitating gastrointestinal diseases that can have a severe impact on the overall health of those who suffer from them. According to the latest estimates, more than 600,000 patients in North America have Crohn's disease. Written by a physician specialising in the treatment of IBDs, Crohn's and Colitis For Dummies is a complete plain-English guide to understanding, treating, and living well with these diseases. Helps readers actively recognize symptoms of Crohn's and colitis and explains the diagnostic procedures doctors use to identify these diseases Outlines how the whole body is affected by Crohn's and colitis, and the potential hazards of letting the disease go untreated Offers expert advice and guidance on controlling Crohn's and colitis with diet and outlines the treatment options of medicines and surgery, including the various risks and benefits of each Provides practical advice for parents of children with Crohn's and colitis with insights into how children's treatment options can differ from those of adults

#### Book Information

Paperback: 336 pages

Publisher: For Dummies; 1 edition (May 28, 2013)

Language: English

ISBN-10: 1118439597

ISBN-13: 978-1118439593

Product Dimensions: 7.4 x 0.7 x 9.3 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars Â See all reviews (44 customer reviews)

Best Sellers Rank: #30,663 in Books (See Top 100 in Books) #36 in Books > Health, Fitness &

Dieting > Diseases & Physical Ailments > Abdominal

#### Customer Reviews

This is a very good book that illustrates with detailed, easy-to-read words what Crohn's and Colitis are, their differences, their similarities, how to manage your friendships around the not-so-nice symptoms that surround this malady. I purchased this book to educate myself on my son's colitis and it taught me a lot of things that I did not know about colitis. One of the things I noticed in this book is beings it is a very embarrassing disease to acquire, it is difficult to tell your friends, teachers, professors, etc., about why you are always in the bathroom for what seems like hours at a time and that it is imperative for you to learn how to tell these individuals of your disability. I highly

recommend this book to anyone that is seeking information about this chronic autoimmune disease. Although I don't have the disease the book put me at ease knowing that there are many others out there with Chrohn's and Colitis and that it is a life time disease that can be managed. It's given me a kind of peace of mind educating myself on this issue.

I found this book to be a great resource for my ulcerative colitis. Dr. Ali does a great job in explaining both diseases in detail, along with available medications and emerging therapies, diet, common trigger foods, etc. I've had UC for 12 years and still learned some things from this book. I also think this is a great book for people who have a loved one with either disease.

This book is a great resource of information, written easy to understand. Helpful hints can be put to use immediately

Although I'm no dummy, this book puts things in a manner that I can understand the words and meanings. It's not "doc speak". Having been recently diagnosed with Crohn's and Colitis, I wanted a book that would tell me the basics in simpler terms than my Gastroenterologist talks to me about things. I always know that .com will have what I'm looking for and it has come through for me many a times! Thanks,!

A good friend of mine has Crohn's Disease and I have had a hard time finding a resource that has truly helped me understand the disease and all that it entails. I am only partway through this book but I can already tell it is something that will remain on my bookshelf for many years and that I will turn to as questions arise. Good books are hard to find on any subject and it's exciting when you finally find one that explains something in a clear, concise, and thorough manner. Highly recommended.

Easy read and very informative. I recommend this book to anyone that is liking for information on crohns and colitis

I read the entire book in one sitting. I have been dealing with colitis for about two years and this book answered so many questions. I wish I had read this book much sooner so that I would have understood sooner what colitis is and what treatment options are available. It answered questions that I never even thought to ask. Excellent resource to understanding the disease.

I have had Crohn's disease for 30 years and I thought I knew everything I needed to know or there was to know about the disease. This book taught me so much more! Highly recommend if you have either one of these diseases or your loved one does!

#### Download to continue reading...

Crohn's and Colitis For Dummies Healing Foods: Cooking for Celiacs, Colitis, Crohn's and IBS The First Year: Crohn's Disease and Ulcerative Colitis: An Essential Guide for the Newly Diagnosed Reverse Gut Diseases Naturally: Cures for Crohn's Disease, Ulcerative Colitis, Celiac Disease, IBS, and More Fiber Menace: The Truth About the Leading Role of Fiber in Diet Failure, Constipation, Hemorrhoids, Irritable Bowel Syndrome, Ulcerative Colitis, Crohn's Disease, and Colon Cancer by Monastyrsky, Konstantin 1st (first) Edition (10/15/2005) Why Doesn't My Doctor Know This?: Conquering Irritable Bowel Syndrome, Inflammatory Bowel Disease, Crohn's Disease and Colitis A Practical Guide to Fecal Transplants: A Revolutionary Approach to C. Difficile, Ulcerative Colitis, Crohn's Disease, Dysbiosis, Multiple Sclerosis & More! Irritable Bowel Syndrome & the MindBodySpirit Connection: 7 Steps for Living a Healthy Life with a Functional Bowel Disorder, Crohn's Disease, or Colitis (Mind-Body-Spirit Connection Series.) Low Residue Diet Cookbook: 70 Low Residue (Low Fiber) Healthy Homemade Recipes for People with IBD, Diverticulitis, Crohn's Disease & Ulcerative Colitis Food Diary: For IBS, Crohn's, Celiac and other Digestive Disorders Mushrooms: A New Ultimate Guide to Growing Mushrooms at Home For Dummies: (Mushroom Farming, How to Grow Oyster Mushrooms, Edible Mushrooms) (Farming For Dummies, Gardening For Dummies Book 2) Recover with GAPS: A Cookbook of 101 Healthy and Easy Recipes That I Used to Heal My ULCERATIVE COLITIS while ON THE GAPS DIET-Heal Your Gut Too! Self Help Way To Treat Colitis and Other IBS Conditions, Second Edition Digestive Health Now: The Four Week Plan to Heal Heartburn, Ulcers, Colitis, IBS and More Dr. M's Seven-X Plan for Digestive Health: Acid Reflux, Ulcers, Hiatal Hernia, Probiotics, Leaky Gut, Gluten-free Gastroparesis, Constipation, Colitis, ... & more (Digestive Wellness Book 1) Medical Therapy of Ulcerative Colitis Wills and Trusts Kit For Dummies Publisher: For Dummies; Pap/Cdr edition Fireworks 4? For Dummies? (For Dummies (Computers)) Adobe Premiere Elements For Dummies (For Dummies (Computers)) MacBook For Dummies (For Dummies (Computers))

Dmca